

Title	Date	Time	Days	Room	Town	Cost	Book
HEALTH, DANCE and EXERCISE (704) 978-5486							
Eating to Optimize Your Health NEW!	1/9	6:30-8 p.m.	Tu	CEC 8	S	\$20.00	no
Line Dance	1/18-2/22	6:30-7:30 p.m.	Th	CEC Auditorium	S	\$30.00	no
Line Dance	3/8-4/19	6:30-7:30 p.m.	Th	CEC Auditorium	S	\$30.00	no
Yoga NEW!	1/9-2/6	12:30-1:15 p.m.	Tu	Yoga Loft	S	\$40.00	no
Yoga NEW!	2/20-3/20	12:30-1:15 p.m.	Tu	Yoga Loft	S	\$40.00	no
Yoga NEW!	4/3-5/1	12:30-1:15 p.m.	Tu	Yoga Loft	S	\$40.00	no
Yoga NEW!	1/11-2/8	12:30-1:15 p.m.	Th	Yoga Loft	S	\$40.00	no
Yoga NEW!	2/22-3/22	12:30-1:15 p.m.	Th	Yoga Loft	S	\$40.00	no
Yoga NEW!	4/5-5/3	12:30-1:15 p.m.	Th	Yoga Loft	S	\$40.00	no