

COVID-19 Reporting Process and Guidelines for Students and Instructors

Mitchell Community College follows CDC Isolation and Quarantine Guidelines for anyone who has tested positive for COVID-19, is experiencing symptoms, or has been exposed to others who have COVID-19.

If you are enrolled in a course with in-person meetings, <u>you are required to notify the College of your COVID-19 infection or exposure status</u>.

How to Notify the College of your COVID-19 Status

POSITIVE with Symptoms

What to do:

- 1. DO NOT COME TO CAMPUS.
- 2. Notify your instructors and the Mitchell COVID Response Team at mitchellcovidresponse@mitchellcc.edu.
 Your instructors and COVID Response Team will assist with any accommodations you may need to continue to work while you are in quarantine/not in class.
- 3. You will quarantine per CDC Guidelines and/or your medical provider's guidance.

POSITIVE with NO Symptoms

What to do:

- 1. Follow steps #1 and #2
- 2. If you begin to experience symptoms, you will quarantine per CDC Guidelines and/or your medical provider's quidance.

EXPOSURE

What to do:

1. Notify your instructors and the Mitchell COVID Response Team at <u>mitchellcovidresponse@mitchellcc.edu</u> of your exposed status immediately.

PEOPLE THAT HAVE BEEN EXPOSED DO NOT NEED TO STAY HOME IF:

- a. They have been fully vaccinated and have no symptoms of COVID-19. However, fully vaccinated people should get tested 3-5 days after their exposure, even if they don't have symptoms.
- b. They have had COVID-19 illness within the previous 3 months AND have recovered AND remain without COVID-19 symptoms.

SYMPTOMS

COVID symptoms include, but are not limited to, fever or chills, sore throat, nausea, vomiting, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, congestion or runny nose, or diarrhea. Anyone experiencing these symptoms should not come to campus until they have determined their COVID status.

ISOLATION AREAS ON CAMPUS

If you are on campus and experiencing COVID symptoms and cannot leave campus immediately, you should report to any of the following isolation areas until you are able to leave:

Statesville Campus

- Main Building, reception/waiting area on first floor
- Eason Student Services Center, 2nd Floor Conference Room in VP Office
- Science Building, SB-102
- Continuing Education, CE-19C

Mooresville Campus

B Building, 1st floor stairwell near MCB 117

How do I protect myself from COVID-19 while on campus?

In accordance with the guidance provided by the Centers for Disease Control and Prevention, the College recognizes the use of cloth face coverings may reduce the spread of COVID-19.

Face coverings will be required to be worn by students, faculty, staff and visitors in all Mitchell Community College buildings and locations used by the College. **This includes face coverings being worn at all times in classrooms and laboratories.** Face coverings will also be required in outdoor spaces on campus property where appropriate physical distancing cannot be maintained.

In addition to wearing face coverings:

- Wash your hands often
- · Practice physical distancing
- Cover coughs and sneezes
- · Monitor your health daily for symptoms

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Click <u>here</u> for additional personal safety precautions. Your safety remains our number one concern.

Take care.

Dr. Daniel JJ McEachern

Vice President for Student Services